

THE GIFT OF TIME

Becoming
mums

Here's your money-can't-buy gift/s

Dear _____

Congratulations on the arrival of _____

When would you like me to visit? [delete as appropriate, I won't mind]

Day/date: _____ / ASAP / Please give me space to rest

Everyone knows the early days with a new baby can be hard.

Choose your money-can't-buy gift/s, then just hand me the voucher or send me a message:



A low-key cuppa together when all the fuss is over (I'll bring cake)



Time to nap while the baby sleeps (I'll take number 1/2/3 child/ren to the park)



A supermarket run/a load of washing/washing up/unloading the dishwasher



Time to play with older child/ren (I'll hold the baby)



Healthy meal delivered to your doorstep



Waving my red flag – please help me find support

Anything else? (tell me)

Here's my number _____

Love this idea? Pay it forward.



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